



CELEBRATION OF POSHAN PAKHWADA 2025



REPORT ON CELEBRATION OF POSHAN PAKHWADA 2025

Venue: TAGORE HIGH SCHOOL

Date: April 2ND to April 22ND , 2025

Introduction:

Poshan Pakhwada 2025 was celebrated with great enthusiasm at our school as part of the nationwide initiative under the **Poshan Abhiyaan** by the Government of India. The objective was to raise awareness among students about the importance of nutrition, healthy eating habits, and overall well-being.



Activities Conducted:

1. Morning Assembly Talks

Every morning, students and teachers spoke about balanced diets, the importance of traditional Indian food, and nutritious habits.

2. Nutrition Awareness Rally

A rally was organized by students carrying placards and shouting slogans like *"Eat Right, Stay Bright"* and *"Healthy Child, Healthy Future."*

3. Poster Making & Slogan Writing Competitions

Students from various classes participated enthusiastically in creative competitions based on themes like *"Food for Growth," "Say No to Junk Food,"* and *"Eat Local, Think Global."*

4. Healthy Tiffin Day

A special "Healthy Tiffin" day was organized where students brought nutritious homemade meals and shared their meals and ideas with classmates.

5. Quiz on Nutrition

A fun and educational quiz was held focusing on nutrition facts, food groups, and health tips. Winners were awarded certificates.

6. Guest Lecture

A dietitian/nutritionist was invited to speak to students about the benefits of eating right and maintaining a healthy lifestyle.





Outcome:

The celebration of Poshan Pakhwada 2025 proved to be an enriching and enlightening experience. It successfully sensitized students towards the importance of good nutrition and encouraged them to adopt healthier lifestyles. The enthusiasm and participation from both students and teachers made the program a grand success.

Conclusion:

- Through Poshan Pakhwada, [Your School's Name] reaffirmed its commitment to promoting health and nutrition among students. Events like these help shape a healthier and more aware generation.

